

Pequeno-almoço

Breakfast

Servido até 11:00h
served untill 11am

Inglês 12.50€

Ovos estrelados com bacon, feijão, batatas fritas e torradas

English

Fried eggs with bacon, beans, French fries and toasts



Delícia 13.50€

Ovos mexidos com panqueca, salsichas, cogumelos salteados e torradas

Delight

Scrambled eggs with pancake, sausages, pan fried mushroom and toast



Couvert

Pão 1.00€

Bread



Manteiga 0.80€

Butter



Azeitonas e cenouras marinadas à algarvia 2.00€

Marinated olives and carrots algarvian style

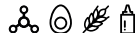


Omelete Omelet

Servida com batata frita e salada
Served with french fries and salad

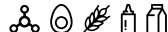
Omelete simples 10.00€

Plain omelette



Omelete fiambre e queijo 13.00€

Ham and Cheese omelette



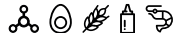
Omelete cogumelos 13.00€

Mushrooms omelette



Omelete camarão 15.00€

Shrimp omelette



*Ingrediente extra/Extra ingredient

3.00€

Entradas frias Cold starters

Salada de batata em molho de natas 13.50€

azedas e mostarda com salmão fumado

Potato salad in sour cream mustard dressing with smoked salmon



Salada de atum com ovo, batata cozida, cebolas e vinagrete de limão 11.50€

Tuna fish salad

with egg, boiled potato, onions and lemon vinaigrette



Salada de tomate com mozzarella e molho mediterrâneo 12.50€

Tomato salad

with mozzarella and Mediterranean sauce



Salada Caesar com queijo Parmesão 12.00€

Caesar salad with Parmesan cheese



Salada Caesar com frango grelhado e queijo Parmesão 15.00€

Caesar salad with grilled chicken breast and Parmesan cheese



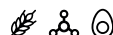
Snacks Snacks

Dose de Batata frita 4.00€

Portion of French fries

Guacamole com tortilhas de milho fritas 6.30€

Guacamole with fried corn tortillas



Mini crepes Chineses com molho agri-doce 7.50€

Mini Chinese spring rolls with sweet and sour sauce



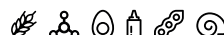
Gomos de batata picantes e molho pita de iogurte Grego 5.50€

Spicy potato wedges with Greek yogurt pita sauce



Calamares panados com molho tártaro 10.50€

Breaded calamari with tartar sauce



Asinhas de frango com molho agri-doce, salada de couve "Cole Slaw" 11.00€

Chicken wings with sweet and sour sauce and Cole-slaw salad



Camarão na frigideira com molho de alho e piri piri 17.00€

Fried shrimps with garlic sauce and piri piri



Massa *Pastas*

Tortellini recheado com queijo ricotta, 14.50€
espinafres, molho de tomate e manjeriçã

Tortellini stuffed with spinach, ricotta cheese, tomato sauce and basil



Penne com salmão fumado e molho de 15.50€
natas com Pernod

Penne with smoked salmon and creamy Pernod Sauce



Esparguete com molho bolonhesa ou carbonara 12.00€
Spaghetti with bolognese or carbonara sauce



Pratos principais *Main Course*

Supremo de frango 16.00€
com molho piri-piri, batata frita e salada verde

Chicken breast with piri-piri sauce, French fries and green salad



Tikka masala de frango com arroz 17.00€
Chicken tikka masala with rice



Lombinho de porco Ibérico 19.00€
com molho de mostarda e mel

Batatas gratinadas e espargos verde salteados
Iberian pork tenderloin with honey-mustard sauce, Dauphinoise potatoes and sautéed green asparagus



Bife da vazia "à Portuguesa" 20.00€
com presunto e batata salteada

Sirloin steak "Portuguese style" with air cured ham and sautéed potatoes

Filete de salmão "alla plancha" 20.00€
maionese de pickles e aneto

Batatinha nova cozida na pele e courgete salteada com tomate bebé
Salmon steak "alla plancha" with dill and pickles mayonnaise Spring potatoes cooked in their skin and sautéed zucchini with tomato



Sandes *Sandwiches*

Servido com batata frita

served with french fries

Baguette de atum com tomate, ovo e cebola 7.00€
Tuna fish sandwich with tomato, eggs, onion

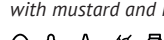


Tosta mista de queijo e fiambre 8.00€
Ham and cheese toast



Hambúrguer de frango panado 12.50€
com molho de mostarda e mel

Chicken breaded hamburger with mustard and honey sauce



Tosta "Vila Sol" 12.00€
com frango, bacon, queijo, tomate (XL)

Toast "Vila Sol" with chicken breast, bacon, cheese, tomato (XL)



Hambúrguer "Angus" 200g com queijo, bacon 13.00€
200g Hamburger with cheese, bacon



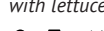
Sandwich Clubhouse 12.50€
com alface, bacon, ovo frito, peru fumado, tomate

Clubhouse Sandwich with lettuce, bacon, fried egg, smoked turkey, tomato



Prego em pão chapata 14.00€
com mostarda, cebola roxa, alface, tomate

Steak Sandwich with onion, mustard, lettuce, tomato



Sopa *Soup*

Creme de legumes 5.50€
Vegetables cream soup



Creme de tomate 6.50€
com croutons de alho e manjeriçã

Tomato cream soup with garlic croutons and sweet basil



Sobremesas *Desserts*

Panqueca com gelado de baunilha, molho de chocolate e creme de chantilly **6.50€**

Pancake with vanilla ice cream, chocolate topping and chantilly



"Petit gateaux" de chocolate **6.50€**

com gelado de baunilha

Chocolate "Petit gateaux" with vanilla ice cream



Gelados (chocolate, baunilha, morango e coco) **6.00€**

Ice creams (chocolate, vanilla, strawberry and coconut)

Abacaxi com gelado de coco regado com Bacardi Rum **7.50€**

Fresh sliced pineapple with coconut ice cream and Rum

ALERGÉNIOS

Allergens



Cereais *Cereals*



Crustáceos *Crustaceans*



Ovos *Eggs*



Peixe *Fish*



Amendoim *Peanut*



Soja *Soy*



Leite *Milk*



Frutos de Casca Rija *Nuts*



Aipo *Celery*



Mostarda *Mustard*



Sésamo *Sesame*



Sulfitos *Sulfites*



Tremoço *Lupine*



Moluscos *Molluscs*



Gluten Free