

Menu de Snack *Snack Menu*

Creme do Dia 	
<i>Soup of the day</i>	5,50€
Pão de Alho com orégãos  	
<i>Garlic bread with oregano</i>	6,00€
Couvert, Pão, Manteigas, Presunto, Azeitonas  	
<i>Couvert, Bread, Butter, Smoked Ham, Olives</i>	8,00€
Cogumelos servido em pão caseiro  	
<i>Mushroom served on sourdough bread</i>	11,50€
Brucheta de Tomate confitado e requeijão  	
<i>Confit tomato and cottage cheese bruschetta</i>	12,50€
Hummus   	
<i>Hummus dip served with flat bread</i>	12,00€
Molho Tzatziki   	
<i>Tzatziki dip served with flat bread</i>	11,00€
Asas de frango  	
em molho BBQ	
<i>Chicken wings on BBQ sauce</i>	12,00€
Cheesecake de Camarão,   	
Crumble de Espinafres, Queijo Creme	
<i>Shrimp Cheesecake, Spinach Crumble, Creamy Cheese</i>	14,50€

Omelete *Omelette*

Omelete Simples <i>Omelette</i>  	12,00€
Omelete com Cogumelos <i>Mushrooms Omelette</i>  	12,50€
Omelete Mista <i>Ham & Cheese Omelette</i>  	13,00€
Omelete de Camarão <i>Shrimp Omelette</i>   	14,00€

Pizza

"Margherita" Tomate, Queijo Mozzarella, Orégãos   
"Margherita" Tomato, Mozzarella Cheese & Oregano **12,00€**

"Vegetariana" Tomate, Rúcula, Parmesão, Mozzarella, Orégãos   
"Vegetarian" Fresh Tomato, Rocket, Parmesan, Mozzarella Cheese & Oregano **14,00€**

"Cogumelos" Fiambre, cogumelos, Queijo Mozzarella, Orégãos   
"Mushroom" Tomato, Ham, Mushrooms, Mozzarella Cheese & Oregano **14,50€**

"Atum" Tomate, Cebola, Azeitonas, Mozzarella, Orégão    
"Tuna" Tomato, Red Onion, Olives, Mozzarella Cheese & Oregano **15,00€**

"Pepperoni " Tomate, Pepperoni, Mozzarella, Orégãos   
"Pepperoni" Tomato, Pepperoni, Mozzarella Cheese & Oregano **15,00€**

"BBQ" Frango, Cebola, Mozzarella, Orégãos   
"Mushroom" Chicken, Red Onion, Mozzarella Cheese & Oregano **16,00€**

"Monchique" Tomate Fresco, Presunto, Parmesão, Rúcula, Queijo Mozzarella & Orégãos   
"Monchique" Fresh Tomato, Smoked Ham, Parmesan, Rocket, Mozzarella Cheese, & Oregano **16,50€**

Massa *Pastas*

Linguini Bolonhesa     
Linguine bolognese **13,50€**

Gnocchi, Tomate, Manjerição, Pesto, Stracciatella     
Gnocchi, Tomato sauce, Basil, Pesto, Stracciatella **14,50€**

Saladas *Salads*

Salada de Burrata, Pesto, Manjeriçã e Tomates   
Burrata Salad, Pesto, Basil, Tomatoes **12,50€**

Salada de Falafel, Hummus, Cherry, Cebola Crocante, Vinagrete de Limão    
Falafel Salad, hummus, Cherry Tomato, Crispy Onion, Lemon Vinaigrette. **14,50€**

Salada de Frango, Cebola Roxa, Cebola Crocante, Tomate Cherry, Parmesão, Vinagrete de Maracujá.    
Chicken Salad, Red Onion, Crispy Onion, Cherry Tomato, Parmesan, Passion Fruit Vinaigrette. **15,00€**

Salada de Lombo de Atum Fresco, Azeitona, Cebola Roxa, Sementes de Sésamo, Pepino, Tomate, Rabanete, Vinagrete de Limão, Molho Tzatziki.     
Fresh Tuna salad, Green Olives, Red Onion, Sesame Seeds, Cucumber, Tomato, Radish, Lemon Vinaigrette, Tzatziki Sauce. **16,00€**

Salada de Salmão, Abacate, Tomate, Laranja, Caju     
Salmon Salad, Iberian Leaves, Avocado, Tomato, Orange, Cashew **17,50€**

Sandes *Sandwich*

- Tosta mista**, Batata Frita  
Ham & Cheese Toast, Chips **8,00€**
- Cachorro**, Batata Palha, Cebola Crocante, Pão Brioche, Iceberg,
Batata Frita   
Crispy Hot Dog, Stick Potato, Crispy Onion, Brioche Bread, Iceberg, Chips **12,50€**
- Wrap de Frango Assado**, Agrião, Cenoura, Cebola Roxa, Cebola Crocante, Queijo Mozzarella, Molho de mostarda e Mel, Batata Frita   
Roasted Chicken Wrap, Watercress, Carrot, Red Onion, Crispy Onion, Mozzarella Cheese, Honey Mustard sauce, Chips **13,50€**
- “Sandes Club”** Iceberg, Maionese, Frango, Bacon, Ovo, Batata Frita     
“Club sandwich” Iceberg, Mayonnaise, Chicken, Egg, Chips **14,50€**
- Bagel de Salmão Fumado**, Queijo Creme, Rúcula, Abacate, Batata Frita    
Smoked Salmon Bagel, Cream Cheese, Rocket, Avocado, Chips **16,00€**
- “Prego”** Bolo do Caco, 100gr de Lombo de Novilho, Molho de Mostarda e Mel, Rúcula, Cebola Crocante e Manteiga de Alho, Batata Frita   
“Steak Sandwich” Caco Bread, 100gr Fillet Steak, Honey Mustard Sauce, Rocket, Crispy Onion, Garlic Butter, Chips **17,00€**

Hambúrgueres / Burgers

“Vegetariano” Quinoa e Espinafres, Tomato Relish, Pickles, Agrião,

Cebola, Batata Frita.



“Vegetarian” Quinoa and Spinach, Tomato Relish, Pickled Cucumber, Watercress, Onion, Chips.

15,00€

“Simples” 120gr Novilho Black Angus, Tomato Relish, Pickles, Agrião

e Batata Frita



“Simple” 120gr Veal steak, Tomato relish, Pickled Cucumber, Watercress, Chips

15,00€

“CheeseBurger” 120gr Novilho Black Angus, Tomate, Pickles, Queijo Cheddar, Molho de mostarda e Mel, Agrião, Cebola Crocante,

Compota de Cebola, Batata Frita.



“Cheeseburger” 120gr Veal steak, Tomato, Pickled Cucumber, Cheddar Cheese, Honey Mustard sauce, Watercress, Crispy Onion, Onion Jam, Chips.

17,00€

“Royal” 240gr Novilho Black Angus, Molho BBQ, Agrião, Tomate, Pickles, Queijo Cheddar, Cebola, Bacon, Compota de Cebola e Batata

Frita.



“Royal” 240gr Veal Steak, BBQ Sauce, Watercress, Tomato, Pickled Cucumber, Cheddar Cheese, Onion, Bacon, Onion Jam, Chips.

23,00€

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Vat Included

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Peixe *Fish*

Filete de Bacalhau em Crosta de Cerveja, Puré de Ervilhas e Molho

Tártaro



Fish and Chips, Pea Puree and Tartar Sauce

19,50€

Salmão no Forno, Espargos, Cogumelos, Limão, Cebola e Batata

Nova Assada



Oven Baked Salmon, Asparagus, Mushroom, Lemon, Spring Onion, Roasted New Potato

24,50€

Atum Fresco, Espargos, Molho Vierge e Batata Nova Assada



Seared fresh tuna, Asparagus, Vierge Sauce, Roasted New Pot. **26,50€**

Carnes *Meats*

Peito de Frango Grelhado, Molho Demi-Glace, Salada, Batata Frita



Grilled Chicken Breast, Demi-Glace Sauce, Salad, Chips

17,50€

Frango Piri-piri Salada e Batata Frita



Grilled Chicken, Piri-Piri Sauce, Salad, Chips

18,50€

Bitoque, 180gr Bife da Vazia, Ovo Estrelado, Demi Glace, Salada,

Batata Frita



"Bitoque" 180gr Sirloin Steak, Fried Egg, Demi-Glace Sauce, Salad, Chips

19,50€

Entrecote de Novilho 300gr, Broccolini, Batata frita



Entrecote 300gr, Broccolini, Chips

37,00€

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Sobremesas *Desserts*

Sobremesa do Dia 	6,00€
<i>Dessert of the Day</i>	
Mousse de Chocolate Caseira  	6,00€
<i>Homemade Chocolate Mousse</i>	
Prato de Fruta da Laminada	6,50€
<i>Fruit Platter</i>	
Banana Split, Morango, Baunilha, Chocolate e Chantilly   	6,50€
<i>Banana Split with Strawberry, Vanilla, Chocolate Ice Cream and Chantilly</i>	
Tarte de Maçã, baunilha e chantilly    	7,00€
<i>Apple tart served with Vanilla ice cream and Chantilly</i>	
Brownie de Chocolate, Caramelo, Servido com Gelado    	7,50€
<i>Chocolate Brownie, Salted Caramel Served with Ice Cream</i>	
Tabua de queijos    	11,00€
<i>Cheese Board</i>	

ALERGÉNIOS | ALLERGENS | ALLERGENEN



Cereais | Cereals | *Granen *glúten*



Crustáceos | Crustaceans | Schaaldieren



Ovos | Eggs | Eieren



Peixe | Fish | Vis



Amendoim | Peanut | Pinda



Soja | Soy | Soja



Leite | Milk | Melk



Frutos de Casca Rija | Nuts | Noten



Aipo | Celery | Selderij



Mostarda | Mustard | Mosterd



Sésamo | Sesame | Sesam



Sulfitos | Sulfites | Sulfieten



Tremoço | Lupine | Lupine



Moluscos | Molluscs | Weekdieren



Gluten Free

Frutas e vegetais; Arroz e seus derivados; Milho e seus derivados; Fécula de batata; Carnes e peixes; Açúcar, chocolate, cacau, gelatinas e sorvetes; Sal; Óleos, azeite e margarinas.

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